**Cross Country report February 2019**
**Hampshire Cross Country League**
Many thanks to all the athletes that competed in one or more of the 5 HCCL fixtures over the season. Athlete numbers were again up on the previous year meaning that we managed to have scoring teams in nearly all categories, the exceptions being Under 17 women and the usually light Under 20 categories.

There were individual and team successes this year too.
In the Under 13 category both teams picked up medals with the girls taking silver and the boys bronze. Individually, Isabelle Law finished 4th, with Macy Connolly 8th. Nicholas Thomas picked up 7th spot in the boys.
At under 15 level, the boys won team bronze, our girls finishing 6th for the season. Alex Lakeland came 7th overall.
In the Under 17s the boys team won silver, Oli Morgan taking 9th spot in the individual rankings.
The Seniors, veterans and Under 20 all race together, combining for the overall places. Both our senior teams narrowly missed medals with both coming 4th. At veteran level, the men came in 9th place and for the first season since 2002, we had a final vet ladies position, also in 9th.
At individual level, Maddie Deadman had a fantastic season being not only first U20 but also first lady overall! James Beeks picked up second U20 and third overall male.

Athletes that competed in at least 4 races in the 5 race series received individual ranking positions and more importantly contributed to the team’s successes.
Congratulations to these athletes:
U13G - Isabelle Law, Macy Connolly, Grace Kirby, Alyssa Page, Malindi New & Josie O'Neill
U13B - Nicholas Thomas, Tom Yates, Milo McDerrmott, Charlie Coveney, Jack Breeds, Jack Hedderly, Ben Read, Sam Kemp & William Edwards (U11)
U15G - Sienna Richardson & Megan Hope
U15B - Alex Lakeland, Ben White, Oliver Smith, Richard Sutton, Sam Read & Stefan O'Loughnane
U17W - Megan French
U17M - Oli Morgan, Joshua Kemp & Cameron Coveney
SW/VW/U20W - Maddie Deadman, Charlotte Earl, Gemma Bigg & Macy Watson
SM/VM/U20M - James Beeks, Stephen Reid, Alex Bigg, Dan Short, Harrison Morgan, Luca Chiossone, Michael Hickey, Mark Slaney & Mark Norris.
Many thanks to everyone else that competed in races this season.

 **Hampshire XC Championships 2019 - Botley**
One of the biggest turnouts from the club at the county championships, so thanks to all those that raced. Further thanks to family and friends that came along to support.
All club finishers as follows:
U11 Girls – Team 4th, Daisy Allford (8th), Theya Dare Bryan, Matilda Gibsob, Martha Moore, Izabel Brown & Ruby Hanvey Meyer. Team 4th.
U11 Boys - Team 5th, George Sharp, Loki Chaffey, William Edwards, Thomas Carroll, Noah O’Neill, Charlie Ellaway, Max Baker, William Banks.
U13 Girls - Team 6th, Isabelle Law (7th), Grace Kirby, Josie O’Neill, Lily Moore, Lily Conway, Emily Marshall, Malindi New & Alyssa Page.
U13 Boys - Team 4th, Sam Graham (9th), Will Kettle, Stanley Murphy, Charlie Coveney, Jack Breeds, Zachary Rugman, Milo McDermott, Jack Hedderly & Jude Baker.
U15 Girls – Team 7th, Sienna Richardson, Olivia Rugman, Megan Hope & Orla Galloway.
U15 Boys - Team 4th, Richard Sutton (7th), Alex Lakeland, Ben White, Stefan O’Loughnane, Oliver Smith, Nathan Lane, James Harold & Leon Ruffle.
U17 Women - Team Bronze, Izzy Mannion, Iysha Morris & Amelia Rugman.
U17 Men - Team Gold, Ben Pattison Bronze, Oli Morgan, Cameron Coveney, Reece Sharman-Newell, Joshua Kemp & Luca Hartley.
U20 Women – Team Gold, Rebecca Bullock Gold, Maddie Deadman Bronze, & Macy Watson.
U20 Men – James Porter
Senior Women - Team 10th, Charlotte Earl 17th, Gemma Bigg 18th, Gail Tyson, Elaine Liversage and Sue Burton.
Senior Men - Team 6th, Dave Ragan 8th, Alex Hamilton 17th, Stephen Reid 19th, Andy Goddard, Alex Bigg, Tony Watkins, Mark Slaney, John Bigg, Mark Norris, Michael Hickey, Russell Burton, Ray Gartland, Terry Wegg, Rohan Chaffey & Tim Fowler.
Veteran Men’s team won bronze (Alex, Andy, Tony & Mark) and Alex was also County Champion in the V40 category.

**SEAA XC Championships 2019 – Parliament Hill**Further good attendance continued at the South of England Championships on a blustery but dry day at Parliament Hill in North London.
Thanks to all our representatives:
U13 Girls – Poppy Morris, Josie O’Neill, Macy Connolly & Malindi New
U13 Boys – Nicholas Thomas, Jack Hedderly, Milo McDermott, Charlie Coveney, Jack Breeds & Alex Walker
U15 Girls – Sienna Richardson, Megan Hope & Orla Galloway
U15 Boys – Alex Lakeland, Richard Sutton, Ben White, Guy Stevens & Aidan Leavey
U17W – Iysha Morris, Izzy Mannion & Megan French
U17M – Joshua Kemp, Oli Morgan & Cameron Coveney
U20W – Maddie Deadman (12th), Becca Bullock (13th) & Macy Watson
U20M – James Beeks (5th) & Harrison Morgan
SW – Charlotte Earl, Naomi Holborough, Cat Coveney & Elaine Liversage
SM – Alex Hamilton, Stephen Reid, Andy Goddard, Ashley Coxden, Mark Slaney, Justyn Moore, Neil Brown, Tony Watkins, Mark Norris, Russell Burton, Michael Hickey, Mike Hill, Terry Wegg & Tim Fowler.
**National XC Championships 2019 – Leeds**
Despite the long journey, 14 athletes made the trip north to represent BMH at the Nationals:
U13G - Macy Connolly, Isabelle Law, Poppy Morris
U13B - Nicholas Thomas,  Jack Breeds
U15G - Sienna Richardson, Megan Hope
U15B - Aidan Leavey
JW - Maddie Deadman, Macy Watson, Rebecca Bullock
SW - Charlotte Earl
SM - Dave Ragan, Michael Hickey

A great run from the Junior Women as they finished 3rd team and picked up the ECCA bronze medals. Becca Bullock finished 14th, Maddie Deadman 20th and Macy Watson 89th for a score of 123 just 6 points ahead of the 4th place team.

**Other XC Leagues**
BMH also competes in two Sunday league competitions aimed at increasing participation in the sport.
For the seniors there is the Southern Cross Country League (SCCL) and for the Juniors (U9-U15) the Destination Basingstoke Junior Cross Country League (DBJ XC)

**Southern XC League**
24 teams from across the region compete in 6 fixtures over the course of the winter. Distances vary but are approximately 5 miles per race. Scoring places are determined by the first 5 men, and the first 3 ladies.
Having been narrowly beaten into second place in 2017-18, BMH have had over 80 different athletes run this year which has ensured that the club went into the last race of the season with the title already won!

**DBJ Cross Country League**Formed as a development league for young athletes by BMH, Fleet and Andover in 2017, we welcomed Wessex Wyverns, Overton and Tadley Youth to the league this season. The league is run over 4 fixtures with the final match due to take place in March.

BMH Winners for last winter (2017-18) were as follows:
U9 Girls – 1st Dinobi Okafor, 2nd Daisy Allford, 3rd Ruby Hanvey Meyer
U9 Boys – 1st Loki Chaffey, 2nd Kieron Walker
U11 Girls – 1st Macy Connolly, 2nd Alyssa Page
U11 Boys – 3rd Jack Breeds
U13 Girls – 1st Sienna Richardson, 2nd Isabelle Law, 3rd Poppy Morris
U13 Boys – 1st Aiden Leavey, 2nd Guy Stevens, 3rd Jack Hedderly
U15 Boys – 1st Oli Morgan, 2nd Joshua Kep, 3rd Kean Hamilton-Jones

Terry Wegg
23/02/18