**Your Club Needs You!**

We are all proud of our club that gives all our athletes fantastic opportunities to develop and excel at their talents, and to have a great fun too. Tonight we will hear about some amazing achievements and progress.

To make any of it possible we need a team of volunteers. Every single thing the club does, is organised and delivered by volunteers – people like you! We have a dedicated team, but many hands make light work and it would be good to spread the load. There are lots of ways of helping.

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| **Help needed** | **How often** | **Who would it suit?** | **Interested? (please tick!)** |
| Make (or buy) cakes for sale at home events | About 5 times through the summer at weekends | Able to cook (or shop)! |  |
| Make/buy pack lunch for officials (cost reimbursed) | About 5 times through the summer at weekends |  |  |
| Help manage a team - this means working with others to find athletes that will compete at matches | Wessex and Alder Valley Leagues have 4/5 matches each summer | Someone sociable who knows many of the athletes and their parents (in one age group) also need to be able to fill in forms and be very organised |  |
| Help out with raking, measuring or other activities to support the officials in field events – maybe train to become a field official | At all home (and sometimes away) matches | Strong arms (for raking!) |  |
| Helping to clean-out the club cabin | Once a year in the spring | Anyone willing to get their hands dirty |  |
| Helping to sort out and publicise the second hand kit shop | On-going |  |  |
| Join our group to help organise next year’s awards evening | Once a year | Someone willing to take on tasks with lots of ideas on how to run the event |  |
| Become a time keeper (training given!) | From one day to 20 days during the summer at competitions home or away | Need eagle eyes and good reaction times. Great if your child doesn’t need too much supervision at competitions |  |
| Become a track judge (training given!) | From one day to 20 days during the summer at competitions home or away | Need eagle eyes and good reaction times. Great if your child doesn’t need too much supervision at competitions |  |
| Help sell cakes and other refreshments | About 5 times through the summer at weekends, you can work in shifts so can still watch your child’s event | Able to add up, smile, make tea and cook bacon (vegetarians welcome too!) |  |
| Write news reports for the Basingstoke Gazette after matches | About once a fortnight in the summer, and occasionally through xc season | Someone who can write enthusiastically about success stories, maybe with PR experience |  |
| Help with social media | On-going – little and often! | Someone social media savvy! |  |
| Photography/video – taking action or podium pics of our athletes that can be shared | At any track & field or xc event | Need an eye for good pic and a camera – and attend events |  |
| Car park marshals – wearing hi-vis and making sure people park in the right place | About 10 times a year (track and xc home events) | Loud voice and ability to point, look good in yellow |  |
| Anything else How can you help? | Anytime to suit | Willing & enthusiastic with a relevant skill or trade. |  |

Your name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Name of athlete\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_