

Basingstoke & Mid Hants AC



Speed Decathlon and Combined Events Competition Saturday 29th September 2018 Down Grange, Basingstoke, Hants

Under UK: Athletics Rules

**** ELECTRONIC TIMING AND PHOTOFINISH WITH EDM IN LONG THROWS ****

High Jump and Pole Vault maximum of 6 attempts

This year's event will incorporate a one hour decathlon, speed heptathlon and team decathlon

- ❖ All age groups from u20 upwards
- ❖ All entries are provisional until confirmed by meeting manager, depending on number of entries
- ❖ When maximum entries are achieved then a waiting list will be added in case of withdrawals
- ❖ Entries will open 16 th June and close midnight 31st August, no entries after this point.
- ❖ Overall age graded trophy
- ❖ Trophy for senior men's winner
- ❖ Expected Start: 09.00 timetable to be announced once entries are finalised.
- ❖ Fees: £26 for individual events and £50 for team decathlon
- ❖ Online payments to BMHAC reference speed decathlon sort code..30-90-53.A.C no..00150196.....
- ❖ Please make Cheques/Postal Orders (No Cash) payable to **Basingstoke & Mid Hants AC**
- ❖ **payment by paypal membsecretary@bmhac.co.uk**
- ❖ **international payments IBAN GB22LOYD 3090 5300 1501 96**
- ❖ **BIC LOYDGB21153**
- ❖ Please include an **email address** so that once payment has been made we can confirm entry.
- ❖ Final Timetable/Directions will be available on Web site nearer to the event.
- ❖ Optional event t shirts, add £22 each if required.
- ❖ Please download and email entry form to speeddecathlon@sky.com or Post Entries to: **Entry Secretary, BMHAC Speed Decathlon, 118 Appleton Drive, Basingstoke, RG24 9RX**

Entry form individual events, please circle or tick which is applicable

One Hour Decathlon

Speed Heptathlon

First Name: Surname:.....

D.O.B: Gender:

Age Group:(e.g u20) Club:

UKA Registration Number.....

Address:.....
.....

www.bmhac.co.uk

e.mail: speeddecathlon@sky.com

Telephone Number:.....

Email Address: _____
(Please write email address CLEARLY as this will be used for your entry confirmation)

Starting height of Pole Vault (Needed for seeding)

Number of T-Shirts and sizes (£22 Each) S M L XL

Team Decathlon Entry Form

Team Name.....

Name of lead Athlete & UKA registration number

Address
.....
.....

Telephone Number.....

Email Address: _____
(Please write email address CLEARLY as this will be used for your entry confirmation)

Names of additional team members and UKA Registration numbers for each
.....
.....

Number of T-Shirts and sizes (£22 Each) S M L XL