

<u>TRACK</u>			<u>FIELD</u>		
10:30	100m Hurdles U17 Men		10:30	Hammer	U13 Boys
10:40	80m Hurdles U15 Boys			Hammer	U15 Boys
10:45	80m Hurdles U17 Women			Hammer	U17 Men + U20M Guest
				Vortex throw	U11 Girls
10:55	75m Hurdles U15 Girls			Shot Put	U13 Girls
11:05	70m Hurdles U13 Girls			Shot Put	U13 Boys
11:15	800m U15 Boys			Long Jump	U11 Boys
	800m U17W			Long Jump	U13 boys
11:25	800M U17 Men				
11:35	200m U13 Boys	Heats			
11:45	200m U13 Girls	Heats			
11:55	200m U15 Boys	Heats	11:35	Hammer	U13 Girls
12:05	200m U15 Girls	Heats		Hammer	U15 Girls
12:20	200m U17 Men	Final		Hammer	U17 Women
12:25	200m U17 Women	Heats			
12:35	600 m U11 Boys		12:00	High Jump	U13 Boys
12:40	600 m U11 Girls			High Jump	U15 Boys
12:45	600m U9 Boys			Javelin	U15 Girls
	600m U9 Girls			Javelin	U17 Women
	Track Break				
13:20	1500m U15 Girls		12:45	Long Jump	U13 Girls
	1500m U17 Women				
13:30	800m U13 Boys		13:15	Discus	U13 Girls
13:45	800m U 13 Girls			Discus	U13 Boys
13:55	200 m U13 Boys	Final		Shot Put	U15 Boys
14:00	200m U13 Girls	Final		Shot Put	U17 Men
14:05	200m U 15 Boys	Final			
14:10	200m U15 Girls	Final	13:30	High Jump	U17 men
14:15	200m U17 Women	Final	14:15	Discus	U15 Boys
				Discus	U17 Men + U20W Guest
14:20	150m U11 Boys			Javelin	U13 Boys
14:30	150m U11 Girls			Long Jump	U15 Boys
14:40	800m U15 Girls			Long Jump	U17 Women
			14:30	High Jump	U15 Girls
14:50	75m U11 Boys	Heats		High Jump	U17 Women
15:05	75m U11 Girls	Heats			
15:15	75m U9 Boys	Final	15:00	Shot Put	U15 Girls
	75m U9 Girls	Final		Shot Put	U17 Women
15:20	100m U13 Girls	Heats			
15:30	100m U13 Boys	Heats	15:30	Javelin	U15 Boys
15:40	100m U15 Girls	Heats		Javelin	U17 Men
15:50	100m U15 Boys	Heats		Long Jump	U17 Men
16:00	100m U17 Women	Heats			
16:10	100m U17 Men	Final	16:15	Long Jump	U11 Girls
16:15	1500m U15 Boys			Long Jump	U15 Girls
	1500m U17 Men		16:30	Discus	U15 Girls
16:30	Snr Invite 300m			Discus	U17 Women
16:45	300m U15 Girls			Vortex Throw	U11 Boys
16:55	300m U17 Women			High Jump	U13 Girls
17:00	300m U15 Boys				
17:05	400m U17 Men				
17:10	75m U11 Boys	Final			
	75m U11 Girls	Final			
sequentially	100m U13 Girls	Final			
	100m U13 Boys	Final			
	100m U15 Girls	Final			
	100m U15 Boys	Final			
	100m U17 Women	Final			

(The above statement will be dependent on Entry lists)

Where heats and finals are planned, and there are insufficient athletes to run heats

Finals will be run at the HEAT time

Numbers must be worn front and back except for the high jump

where only one number will be required either front or back of vest as athlete decides

Numbers must be worn as issued with out folding or cutting

The Maximum length of spike at Basingstoke is 6mm these will be checked on the day

Heat to Final Qualification: Subject to final entry numbers known, sprint qualification to final will be the winner of each heat and appropriate number of next fastest finishers to accommodate for 75m, 100 & 200m an 8 lane field.

If for any age group there are insufficient entrants to justify heats finals will be run at heat times