|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | BMHAC Club Championship 2019 | | | | |
|  |  | FINAL TIMETABLE | | | | |
| 10:30 |  | Registration | |  |  |  |
|  |  | TRACK |  |  |  | FIELD |
| Time |  |  |  |  | Time |  |
|  |  |  |  |  | 11:30 | **Hammer ALL** |
|  |  |  |  |  | 11:30 | High Jump U13B to SM |
|  |  |  |  |  |  |  |
| 12:00 | 300m | U15G | U17W |  | 12:00 | Long Jump U9B |
| 12:10 | 75m | U9G | U11G |  | 12:00 | Long Jump U11B |
| 12:25 | 100m | U13G | U15G |  |  |  |
|  |  | U17W | U20W |  | 12:15 | Javelin U13B to SM |
|  |  | SW |  |  |  |  |
| 12:45 | 800m | U13G | U15G |  |  |  |
|  |  | U17W | U20W |  |  |  |
|  |  | SW |  |  |  |  |
| 12:55 | 1200m | U13G |  |  |  |  |
| 13:00 | 1500m | U15G | U17W |  |  |  |
|  |  | U20W | SW |  | 13:15 | Long Jump U15B to SM |
|  |  |  |  |  | 13:15 | Long Jump U13B |
| 13:10 | 600m | U9G | U11G |  | 13:15 | Standing Long Jump |
| 13:20 | 200m | U13G | U15G |  |  | Disability Group |
|  |  | U17W | U20W |  | 14:00 | Shot Put U13B to SM |
|  |  | SW |  |  | 14:00 | Discus U13B to SM |
|  |  |  |  |  |  |  |
|  | Track Break |  |  |  |  |  |
|  |  |  |  |  |  |  |
| 14:10 | The Dream Mile | U20/Seniors | |  |  |  |
|  |  |  |  |  | 14:30 | **Triple Jump ALL** |
| 14:30 | 70mH | U13G |  |  |  |  |
|  | 75mH | U13B | U15G |  | 14:45 | Long Jump U9G |
|  | 80mH | U15B | U17W |  | 14:45 | Long Jump U11G |
|  | 100mH | U17M | U20W |  | 14:45 | High Jump U13G to SW |
| 14:50 | 75m | Disability Group | |  | 14:45 | Discus U13G to SW |
| 15:00 | 300m | U15B |  |  |  |  |
| 15:10 | 75m | U9B | U11B |  |  |  |
|  |  |  |  |  |  |  |
| 15:20 | 100m | U13B | U15B |  |  |  |
|  |  | U17M | U20M |  |  |  |
|  |  | SM |  |  |  |  |
| 15:40 | 800m | U13B |  |  |  |  |
|  |  | U15B | U17M |  |  |  |
|  |  | SM |  |  |  |  |
| 15:50 | 1500m | U13B | U15B |  |  |  |
|  |  | U17M |  |  | 16:00 | Vortex Disability Group |
| 16:00 | 400m | U17M | SM |  | 16:00 | Long Jump U13G |
|  |  | U20W |  |  | 16:00 | Long Jump U15G |
| 16:10 | 600m | U9B | U11B |  | 16:00 | Javelin U13G to SW |
|  |  |  |  |  |  |  |
| 16:25 | 200m | U13B | U15B |  | 16:30 | Long Jump U17W to SW |
|  |  | U17M | SM |  | 16:30 | Shot Put U13G to SW |