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|  |  | BMHAC Club Championship 2019 |
|  |  | FINAL TIMETABLE |
| 10:30 |  | Registration |  |  |  |
|  |  | TRACK |  |  |  | FIELD |
| Time |   |   |   |   | Time |   |
|   |  |  |   |   | 11:30 | **Hammer ALL**  |
|   |  |  |   |   | 11:30 | High Jump U13B to SM |
|   |  |  |   |   |   |   |
| 12:00 | 300m | U15G | U17W |   | 12:00 | Long Jump U9B |
| 12:10 | 75m | U9G | U11G |   | 12:00 | Long Jump U11B |
| 12:25 | 100m | U13G | U15G |   |   |   |
|   |  | U17W | U20W |   | 12:15 | Javelin U13B to SM |
|   |  | SW |   |   |   |   |
| 12:45 | 800m | U13G | U15G |   |   |   |
|   |  | U17W | U20W |   |   |   |
|   |  | SW |   |   |   |   |
| 12:55 | 1200m | U13G |   |   |   |   |
| 13:00 | 1500m | U15G | U17W |   |   |   |
|   |  | U20W | SW |   | 13:15 | Long Jump U15B to SM |
|   |  |  |  |   | 13:15 | Long Jump U13B |
| 13:10 | 600m | U9G | U11G |   | 13:15 | Standing Long Jump  |
| 13:20 | 200m | U13G | U15G |   |   | Disability Group |
|   |  | U17W | U20W |   | 14:00 | Shot Put U13B to SM |
|   |  | SW |   |   | 14:00 | Discus U13B to SM |
|   |  |  |   |   |   |   |
|   | Track Break  |  |   |   |   |   |
|   |  |  |   |   |   |   |
| 14:10 | The Dream Mile | U20/Seniors  |   |   |   |
|   |  |  |   |   | 14:30 | **Triple Jump ALL** |
| 14:30 | 70mH | U13G |   |   |   |   |
|   | 75mH | U13B  | U15G |   | 14:45 | Long Jump U9G |
|   | 80mH | U15B | U17W |   | 14:45 | Long Jump U11G |
|   | 100mH | U17M | U20W |   | 14:45 | High Jump U13G to SW |
| 14:50 | 75m  | Disability Group |   | 14:45 | Discus U13G to SW |
| 15:00 | 300m | U15B |   |   |  |   |
| 15:10 | 75m | U9B | U11B |   |   |   |
|   |  |  |   |   |   |   |
| 15:20 | 100m | U13B | U15B |   |   |   |
|   |  | U17M | U20M |   |   |   |
|   |  | SM |   |   |   |   |
| 15:40 | 800m | U13B |   |   |   |   |
|   |  | U15B | U17M |   |   |   |
|   |  | SM |   |   |   |   |
| 15:50 | 1500m | U13B | U15B |   |   |   |
|   |  | U17M |   |   | 16:00 | Vortex Disability Group |
| 16:00 | 400m | U17M | SM |   | 16:00 | Long Jump U13G |
|   |  | U20W |   |   | 16:00 | Long Jump U15G  |
| 16:10 | 600m | U9B | U11B |   | 16:00 | Javelin U13G to SW |
|   |  |  |   |   |   |   |
| 16:25 | 200m | U13B | U15B |   | 16:30 | Long Jump U17W to SW |
|   |   | U17M | SM |   | 16:30 | Shot Put U13G to SW |