We are really pleased to be able to offer our U13 and upwards members a chance to run their first 100m race of the season! You need to hurry as entries are strictly limited.

We will be testing out our new procedures to keep all athletes, officials and spectators safe and hope that you will respect and comply with all the rules. It is going to look and feel very different to our usual competitions, but, like everyone, we are having to learn and adapt.

*By entering this event you are acknowledging and agreeing to the following-*

*1.To limit numbers only 1 guest per athlete allowed*

*2.There will be NO toilet facilities for athletes and their guest- club portaloo is for Officials and event volunteers only.*

*3. To limit your time at the event you need to arrive, register, warm up in designated area, report for you event, race, warm down and depart in a time efficient manner*

*4. Only athlete and officials allowed inside the track fence*

*5. Track entry and exit is by the gate at all times- hand sanitizer (provided by us) must be used on entry and exit. No bags inside the track- arrive at the gate race ready!*

*6. Results will only be available online- probably after the last event.*

*7. Remember Social Distancing at all times.*

*8. No shouting unless you are wearing a face mask*

*9. Detailed instructions about routes, warm up areas and protocols will be emailed after your entry has been confirmed*

Entry is free but you can only enter one event.

Only entries from athletes who have paid their annual membership fees will be accepted

(and those in Sue Petts training group)

Races will be HAND TIMED ONLY

No starting blocks allowed

Held under UKA Rules

U13 Girls 100m

U13 Boys 100m

U15 Girls 100m

U15 Boys 100m

U17 Women 100m

U17 Men 100m

U20 Women 100m

U20 Men 100m

SW 100m

SM 100m

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age Group\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of birth\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Male/Female\_\_\_\_\_\_\_\_\_\_\_\_

Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Tel No.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Print e-mail for confirmation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Event \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ PB: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ England Athletics URN: \_\_\_\_\_\_\_\_\_\_\_\_

This event is being held under England Athletics & GOV.UK Covid guidelines and as such we will be sending out detailed instructions re registration, warmup area, social distancing, track protocols and results once your entry is received.

By entering you are committing to following government guidelines regarding informing us if in the 2 weeks prior or post event you or anyone in your household develop any COVID like symptoms.

<https://www.nhs.uk/conditions/coronavirus-Covid-19/>

Sign/enter name below to acknowledge the above (parent to sign if athlete is Under 18)

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Tel No.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

e-Mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Entry Forms e-mailed to openmeet@bmhac.co.uk**

# Closing Date for entry: Wednesday 5th August

No entries accepted on day

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Provisional Timetable | | | |  |
| From 16:00 |  | Registration Open | |  |
|  |  |  | |  |
| Time |  |  |  |  |
|  |  |  |  |  |
| 17:00 | 100m | U13G |  |  |
| races sequentially | | U13B |  |  |
| Time dependant |  | U15G |  |  |
| on entry numbers |  | U15B |  |  |
|  |  | U17W |  |  |
|  |  | U17M |  |  |
|  |  | U20W |  |  |
|  |  | SW |  |  |
|  |  | SM |  |  |
|  |  |  |  |  |
|  |  |  | |  |
| Final Timetable will be on the website | | | |  |
| as soon after closing date as possible | | | |  |