# Basingstoke & Mid Hants AC

# 

**Speed Decathlon and Combined Events Competition**

**Saturday 23rd September 2017**

**Down Grange, Basingstoke, Hants**

#### Under UK: Athletics Rules

**\*\* ELECTRONIC TIMING AND PHOTOFINISH WITH EDM IN LONG THROWS \*\***

**High Jump and Pole Vault maximum of 6 attemps**

**This year’s event will incorporate a one hour decathlon, speed heptathlon and team decathlon**

* All age groups from u20 upwards
* All entries are provisional until confirmed by meeting manager, depending on number of entries
* When maximum entries are achieved then a waiting list will be added in case of withdrawals
* Entries will open 1st June and close midnight 13th August, no entries after this point.
* Overall age graded trophy
* Trophy for senior men's winner
* Expected Start: 09.00 timetable to be announced once entries are finalised.
* Fees: £25 for individual events and £50 for team decathlon
* Online payments to BMHAC reference speed decathlon sort code..30-90-53.A.C no..00150196.................
* Please make Cheques/Postal Orders (No Cash) payable to **Basingstoke & Mid Hants AC**
* Please include an **email address** so that once payment has been made we can confirm entry.
* Final Timetable/Directions will be available on Web site nearer to the event.
* Optional event t shirts, add £22 each if required.
* Please download and email entry form to [speeddecathlon@sky.com](mailto:speeddecathlon@sky.com) or Post Entries to: **Entry Secretary, BMHAC Speed Decathlon, 118 Appleton Drive, Basingstoke, RG24 9RX**

**Entry form individual events, please circle or tick which is applicable**

**One Hour Decathlon Speed Heptathlon**

First Name: ………………………………………….. Surname:………………………………………………………………

D.O.B: ………………………………….. Gender: ………………………..

Age Group:(e.g u20) ……………………………. Club: ……………………………………………………………………

UKA Registration Number………………………………………

Address:……………………………………………………………………………………………………………………………

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Telephone Number:……………………………………………………………………………………………………………….

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Please write email address CLEARLY as this will be used for your entry confirmation)

Starting height of Pole Vault (Needed for seeding) ….............................................

Number of T-Shirts and sizes (£22 Each) S M L XL

**Team Decathlon Entry Form**

Team Name………………………………………………………..

Name of lead Athlete & UKA registration number ………………………………………………………………………..

Address …………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………………..

Telephone Number………………………………………………………………………………………………………………………

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Please write email address CLEARLY as this will be used for your entry confirmation)

Names of additional team members and UKA Registration numbers for each

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Number of T-Shirts and sizes (£22 Each) S M L XL